

# WAKE UP AND WORK OUT WITH THE MARINES!

## JOIN US AND SEE IF YOU HAVE WHAT IT TAKES!

Please let us know if you would like to participate by emailing [marinesworkout@uwgny.com](mailto:marinesworkout@uwgny.com) by March 5.

**FIRST 50 PARTICIPANTS WILL RECEIVE A MARINE CORPS ITEM AT THE DOOR!**

**FRIDAY, MARCH 11**

**7:00AM – 8:00AM**

**WASHINGTON B**

**Gaylord Opryland Resort & Convention Center**

**2800 Opryland Dr, Nashville, TN 37214**

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**MARINES**  
THE FEW. THE PROUD.

[marines.com](http://marines.com)